# Selected problems of biocompatibility of the pneumatically controlled arm

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**Abstract:** A prototype of arm, aimed to simulate human arm is presented. In the device following original constructions have been proposed: glenohumeral joint, elbow joint, and wrist joint with the possibility of ulna and radius rotation. Also special shape of radial bone and ulna bone has been proposed. In addition, pneumatic McKibben-type muscles and their control have been examined. The comparison of the range of motions of the prototype and a biological system in the meaning of the SFTR method is also presented.

Keywords: artificial arm, pneumatics, McKibben

## 1. Introduction

The number of humanoid designs increases significantly, however, such robots are still far from being fully functional. Many times it can be observed that nature is so perfect that bionic solutions turned out to be the most effective. Such biosimilar structures often find application for example as industrial robots (see for example [1]). The first similar to human arms were prostheses, usually powered by electrical motor or combined drive (e.g. electropneumatic) (see for example [2–4]). Usually, prototypes presented by other authors have only functional similarity (for example [5, 6]). No designs with structural similarity were found.

The prototype of artificial pneumatic arm, modeled on the human arm is presented in this paper. The prototype is driven with McKibben type muscles because of its simplicity of construction and similarity to the biological muscles (see for example [1, 7, 8]). During the construction of the device several problems have been encountered, for example: the bone shapes and its durability have to be taken into account in the construction of the prototype, muscles force characteristics and its functional displacements, also, joints and their range of motion cause additional restrictions. The main purpose of the artificial arm construction is to simulate full functionality of biological movements. The shape and the complex mobility (activity) of human arm also cause many technical problems, which have to be considered.

## 2. Arm Design

In the prototype, shapes of human bones were taken under consideration (see fig. 1). Because of complicated biological joint shapes, similar but simplified constructions were proposed for glenohumeral joint (fig. 2), elbow (fig. 3), and wrist (fig. 4).



- **Fig. 1.** Photography of prototype bone system: 1 articulatio humeri, 2 humerus, 3 hinge elbow joint (humeroulnar and humeroradial), 4 proximal radioulnar joint, 5 radius, 6 ulna, 7 distal radioulnar joint
- Rys. 1. Fotografia systemu kostnego prototypu: 1 staw ramienny, 2 – kość ramienna, 3 – zawiasowy staw łokciowy (ramienno-łokciowy, ramienno-promieniowy), 4 – staw promieniowo-łokciowy bliższy, 5 – kość promieniowa, 6 – kość łokciowa, 7 – staw promieniowołokciowy dalszy



Fig. 2. Articulatio humeri of the artificial arm Rys. 2. Staw ramienny sztucznego ramienia



Fig. 3. Elbow joint of the artificial arm Rys. 3. Staw łokciowy sztucznego ramienia



Fig. 4. Distal radioulnar joint of the artificial armRys. 4. Staw promieniowo-łokciowy dalszy sztucznego ramienia

- Tab. 1. Range of motions comparison for arm joints according to SFTR method. Norm: International Standard Orthopedic Measurements
   [9, 10]
- Tab. 1. Porównanie zakresów ruchów w nawiązaniu do metody pomiaru SFTR. Międzynarodowa Norma Pomiarów Ortopedycznych
   [9, 10]

Range of motion Joint/ body part	Plane	Norm	Only skeletal system	Prototype with McKibben- type muscles
Articulatio humeri	S F T R(F90) R(F0)	50-0-110 90-0-30 30-0-135 90-0-80 60-0-70	No limits 80-0-10 60-0-60 No limits 45-0-45	35-0-80 80-0-10 60-0-60 80-0-80 40-0-40
Elbow	S	0-0-150	0-0-140	0-0-140
Forearm	R	90-0-80	175-0-175	80-0-60
Radiocarpal joi $nt$	S F	50-0-60 20-0-30	25-0-25 0-0-0	25-0-25 0-0-0

### Tab. 2. Biological muscles taken into consideration for the needs of the project

 Tab. 2. Mięśnie biologiczne użyte dla potrzeb projektu

No.	Muscles groups	Considered muscles	Function
1	Anterior muscles of the shoulder girdle	Subscapularis	Arm internal rotation
2	Lateral muscles of the shoulder girdle	Deltoid muscle (deltoideus)	Arm flexion and extension, horizontal arm abduction
3	Posterior muscles of the shoulder girdle	Teres major	Arm extension
4	Anterior muscles of the arm	Biceps (biceps brachii)	Arm flexion, forearm flexion, forearm supination
5		Brachial muscle (brachialis)	Forearm flexion
6	Posterior muscles of the arm	Triceps (triceps brachii)	Arm and forearm extension, Arm adduction
7	The surface layer of the anterior group of forearm muscles	Pronator teres	Forearm pronation
8	Deep layer of posterior muscle groups of the forearm	Supinator	Forearm supination



- Fig. 5. Structural scheme of the mechanizm: 1, 3, 4, 5 – ball-type connections, 2 – hinge connection
- Rys. 5. Schemat strukturalny mechanizmu: 1, 3, 4, 5 – połączenia kuliste, 2 – połączenie zawiasowe (obrotowe)



Fig. 6. Muscle system of the prototype Rys. 6. System mięśniowy prototypu



Fig. 7. Muscle system of the arm Rys. 7. System mięśniowy ramienia

These joints were suggested as a ball-socket type. Humeroulnar and humeroradial joints were proposed as one hinge joint. This construction has almost the same movement range as a biological construction (tab. 1). Fig. 5 presents a structural scheme of the prototype.



Fig. 8. Muscle system of the shoulder Rys. 8. System mięśniowy stawu ramiennego (barku)



Fig. 9. Muscle system of the forearm Rys. 9. System mięśniowy przedramienia

Pneumatic McKibben-type muscles were used as actuators. Because of their lower functional displacement (about 25 %, biological muscles up to 50 % [9]), it was essential to use longer pneumatic muscles than their biological analogue to complete full range of motion. Muscle system is presented in figures 6-9.

## 3. Control system

The pneumatic artifical muscles control system (fig. 10) is fundamentally based on two groups of elements: (i) air prepare and flow direction control pneumatic components,



- Fig. 10. Control system scheme: 1 air compressor, 2 compressed air tank, 3 pressure valve, 4 air filter, 5 reversing 3/2 valves, 6 cut off 2/2 valves, 7 throttle valves, 8 McKibben type muscles, 9 electronics
- Rys. 10. Schemat układu sterowania: 1 sprężarka tłokowa, 2 – zbiornik sprężonego powietrza, 3 – redukcyjny zawór ciśnieniowy, 4 – filtr powietrza 5 – elektorozawory rozdzielające 3/2, 6 – elektrozawory odcinające 2/2, 7 – zawory dławiące, 8 – mięśnie pneumatyczne typu McKibbena, 9 – moduł elektroniczny

(ii) electronics based on integrated circut elements and microcontrollers.

Solenoid reversing valves are responsible for particular motions of the kinematic chain of the arm which in fact makes it possible to put compressed air into particular actuator by the programmed sequence. The second control step is made of solenoid cut-off valves which are able to keep the arm in any position, cutting off the outflow from the muscle. The speed ratio of the following motion is controlled by manual throttle valves. To sum up, the artifical arm movements are realized by two levels of pneumatic solenoid valves.

The main elements of presented control system are two programmable microcontrollers put on printed-circuit board which gives a possibility to power paricular valve coil by generating output signals onto amplifier inputs in programmed sequence.

It is clear that the movement control is in fact put on the air flow direction control system to power properly spaced pneumatic muscles.

# 4. Conclusions

Because of high degree of complexity of the biological musculo-skeletal system some simplifications were made. Also some lack of biocompatibility of McKibben-type actuators in comparison to the biological muscles causes many limitations. However, as presented in tab. 1, limits in range of motion are not significant. There are some improvements needed, to make it possible to obtain results almost the same as biological system. At this stage palm was neglected – this is the reason why in radiocarpal joint in F plane we have no possibility of movement – this part of the joint, responsible for palm bending was also neglected.

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# Wybrane problemy biozgodności konstrukcji ramienia sterowanego pneumatycznie

Streszczenie: W artykule autorzy starali się pokazać problemy i ich rozwiązania, napotkane podczas konstrukcji modelu ludzkiego ramienia sterowanego pneumatycznie. W założeniu konstrukcyjnym prototyp miał posiadać pełną funkcjonalność konstrukcji biologicznej. Podczas realizacji przedsięwzięcia natrafiono na liczne problemy jak: odwzorowania kości, mięśni, stawów, ich skomplikowanych kształtów i działania. Zaproponowano następujące rozwiązania praktyczne: staw ramienny, staw promieniowo-łokciowy bliższy i dalszy wraz z możliwością obtaczania się specjalnie ukształtowanej kości promieniowej po kości łokciowej. Ponadto dobrano odpowiedni typ mięśni pneumatycznych wraz z ich sterowaniem zapewniając odpowiedni zakres ruchów i funkcjonalności układu. W pracy pokazano ponadto porównanie zakresu ruchów wspomnianej konstrukcji i układu biologicznego w rozumieniu metody SFTR oraz porównanie pewnych, wybranych parametrów mięsni biologicznych i pneumatycznych typu McKibben.

Słowa kluczowe: sztuczne ramię, pneumatyka, mięśnie McKibben'a

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